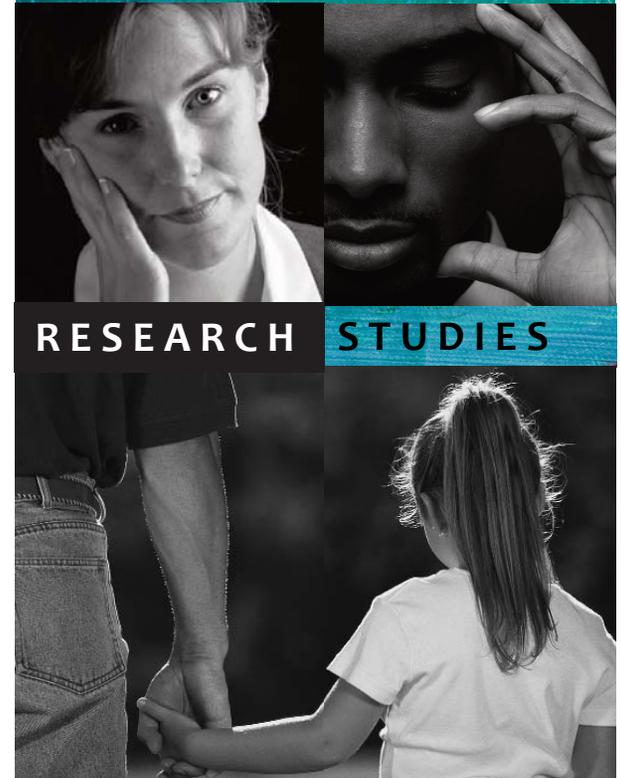


NATIONAL INSTITUTE OF MENTAL HEALTH

Q&A

Join A Study



RESEARCH STUDIES

Division of Intramural Research Programs



Mental Health Research Studies

NIMH research studies are conducted at the National Institutes of Health (NIH) Clinical Center in Bethesda, Maryland, near Washington, D.C. The Clinical Center is the nation's largest research hospital. Since 1953, patients from all 50 states have participated in research on an inpatient or outpatient basis.



301-496-5645 (TTY 1-866-411-1010)
email: nimhcore@mail.nih.gov

www.nimh.nih.gov/JoinAStudy

Adult & Pediatric Mental Health

Our research mission is to transform the understanding and treatment of mental illnesses through basic and clinical research, paving the way for prevention, recovery, and cure.

RESEARCH STUDY AREAS

- Anxiety Disorders
 - Generalized Anxiety Disorder
 - Panic Disorder
 - Social Anxiety Disorder
 - Social Phobia
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorder
- Bipolar Disorder
- Conduct Disorder
- Depression
- Healthy Volunteers
- HIV/AIDS-Related Issues
- Phantom Limb
- Schizophrenia
- Severe Mood Dysregulation
- Women's Mental Health
 - Hormone-Related Mood Disorders
 - Perimenopause-Related Depression
 - Postpartum Depression (PPD)
 - Premenstrual Dysphoric Disorder (PMS/PMDD)

For more information
visit www.nimh.nih.gov/JoinAStudy
or call 301-496-5645



National Institute of Mental Health

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National Institute of Mental Health
National Institutes of Health
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Mental Health

Research Participation

Q&A



What is a clinical research study?

A clinical research study is often called a clinical trial or a protocol. All are scientific studies in which people participate in the research. Clinical research has many goals such as developing new treatments, identifying causes of illnesses, studying trends, or evaluating ways genetics may be related to an illness. Some types of research studies do not require changes to current mental health treatment.

Why participate in a research study?

People participate in research for many reasons and some want to help with scientific discovery. Research is our best hope for understanding and treating mental illnesses. Thanks to volunteers, researchers are learning more about the causes of mental disorders, and are finding new ways to treat and prevent illnesses.



What types of research studies are being conducted?

Non-Treatment Studies

Detailed screenings and evaluations, computer tasks, neuropsychological testing, brain

imaging, epidemiological and longitudinal studies are all examples of non-treatment studies.

Research Treatment Studies

These studies test the effectiveness of standard or experimental drugs, procedures, or interventions. Some compare different treatments, while others compare a treatment to a placebo. In some cases, after study completion participants receive short-term follow-up care while transitioning back to the community.

Genetic Studies

These identify how genes may relate to mental disorders and may include donating a blood or tissue sample.

Family Studies

These are studies that aim to discover patterns of disorders among families, and may include brain imaging or genetic studies.



Brain Imaging Studies

These may involve PET, MRI, fMRI, MRS, or MEG brain scans.

FIRST STEPS to Join A Study:

- ✓ Call NIMH
- ✓ Learn Study Details
- ✓ Ask About Your Eligibility
- ✓ Consent to Participate

NIMH Research Studies for Adults & Children

Some studies enroll participants from across the United States.

Who can participate in research?

Each clinical research study has different requirements that determine whether an adult or child can participate. These requirements are called "inclusion" and "exclusion" criteria. The criteria are used to help researchers identify appropriate study participants. Potential participants are interviewed by phone and/or in person to determine if they meet eligibility criteria. *For child participants, parental permission is required.*

What is the time commitment?

Time commitment varies with each study. Some studies take one or more hours during a day-visit, while other studies vary from one overnight stay in the hospital to a week or several months. Some other studies can be done by phone or at home.

How does a person enroll in a study?

If you are interested in one of our studies, visit us at www.nimh.nih.gov/JoinAStudy or call us at **301-496-5646**.

What are participants' rights?

Before you enroll in a study, all volunteers are given the details of the study, including risks and benefits, during an informed consent process. As a safeguard to protect participants' rights and answer questions, the Office of the Clinical Director also has a team of social workers who monitor some volunteers over the course of their research participation. All participants have the right to withdraw from research at anytime.

Where are the studies conducted?

Most of our research studies are conducted at the NIH Clinical Center in Bethesda, Maryland. There are some studies in which volunteers can participate from home.

How much does it cost to participate?

There is no cost to participate.

Is there compensation?

Compensation is available for some studies. Travel and transportation may be reimbursed for participants in some studies.

National Institute of Mental Health Division of Intramural Research Programs



NIH National Institute of Mental Health

9/2014

For more information on NIMH Research Studies call **301-496-5645** or visit: www.nimh.nih.gov/JoinAStudy